

SCAN FOR SPA MENU



Step into Darawadee Spa, a sanctuary where time softens & the senses awaken. Guided by the philosophy of balance & mindful living, each experience is designed to restore natural rhythm within the body & invite a deep sense of calm. Through impactful rituals & intuitive touch, tension dissolves, energy flows freely & stillness becomes a source of renewal. Every journey is shaped with personal care, honouring the individual nature of wellbeing. Inspired by time-honoured healing wisdom & expressed through contemporary spa therapies, our treatments nurture harmony between body & mind, leaving you feeling centred, revitalised & gently reconnected to your senses.

### **What if I have special health considerations?**

Please notify our Spa Manager or Receptionists before booking your treatments if you have high blood pressure, allergies, physical ailments, disabilities, or if you are pregnant.

### **When should I arrive for my treatment?**

If this is your first visit with us, please arrive 15 minutes prior to your appointment time to check in and change

### **What about my valuables?**

We provide a secure place to store your personal items inside each spa room. However, we do not assume liability for personal items and recommend that you leave valuables in the safe in your hotel room

### **What should I wear to the spa?**

We will provide you with spa attire, including a choice of spa underwear, or you may choose to wear your own underwear. Alternatively, treatments may be enjoyed without clothing. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

### **Should men shave before their facial treatment?**

It is recommended that men shave a few hours before their facial appointments, rather than just before.

### **Spa Etiquette & Minimum Age**

To preserve the harmony within the spa, kindly turn off your mobile phone. To maintain a peaceful environment, children under 12 years are not permitted in the spa.

### **What if I am late for my appointments?**

Arriving late may make it necessary to limit the time for your treatment so the next guest is not delayed. Please arrive 15 minutes before the scheduled time to check in and prepare to enjoy your treatment.

### **What if I need to cancel an appointment?**

The treatments you select are reserved especially for you. Guests will be charged a 50% cancellation fee for treatments cancelled less than 4 hours in advance.

These policies allow our spa therapists to reschedule open appointment times with other clients who may be on our waiting list.

## Herbal Steam Serenity

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### Herbal Steam Serenity

20 minutes Baht 1,000

Immerse yourself in the gentle warmth of an invigorating herbal steam ritual, thoughtfully designed to open the airways & cleanse the respiratory system. Drawing upon time-honoured Ayurvedic herbs known for their healing & purifying properties, this deeply restorative experience helps to release stored tension, alleviate congestion & support natural detoxification. As the aromatic steam envelopes your senses, you'll find yourself breathing more freely, feeling lighter & reconnected to your inner balance.

## Hydrotherapy Bath Treatment

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### Hydrotherapy Massage

30 minutes Baht 500

Invigorating water jet massage and mineral baths, mud bath, Dead Sea salt, and essential oils. Promote well and better sleep.

### Remineralizing Marine Treatment

60 minutes Baht 1,000

Balneotherapy, combined with products derived from the sea and essential oils, is a good source of relaxation and well-being. It is recommended to use these baths regularly to stay healthy and in good shape. 60-minute program starts with exfoliation with Marine Body Scrub and soak in Hydrotherapy Bath with Oligomarine and finishes with moisturizing body milk.

### Milky and Honey Bath

60 minutes Baht 1,000

This is an exfoliating and moisturizing experience for the entire body. The luxurious treatment begins with a honey scrub, followed by a warm bath filled with milk and honey.





DARAWADEE SIGNATURE  
TREATMENTS

## Darawadee Spa Packages

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Indulge yourself or a friend with an exclusive Spa package, designed to provide head-to-toe care. For a luxurious treat, may we recommend

**Darawadee Body & Soul** 120 minutes Baht 2,500

- ❖ Choice of Body Scrub or Body Wrap 60 min.
- ❖ Choice of Body Massage 60 min.

**Jet Lag Reviver** 150 minutes Baht 2,950

- ❖ Thai herbal body scrub 60 min.
- ❖ Hydrotherapy Bath Experience 30 min.
- ❖ Choice of Body Massage 60 min.

**Heavenly Relax** 165 minutes Baht 1,950

- ❖ Thai Foot Massage 45 min.
- ❖ Thai Massage with Hot Herbal Compress 120 min.

**Ultimate Spa Experience** 180-210 minutes Baht 4,500

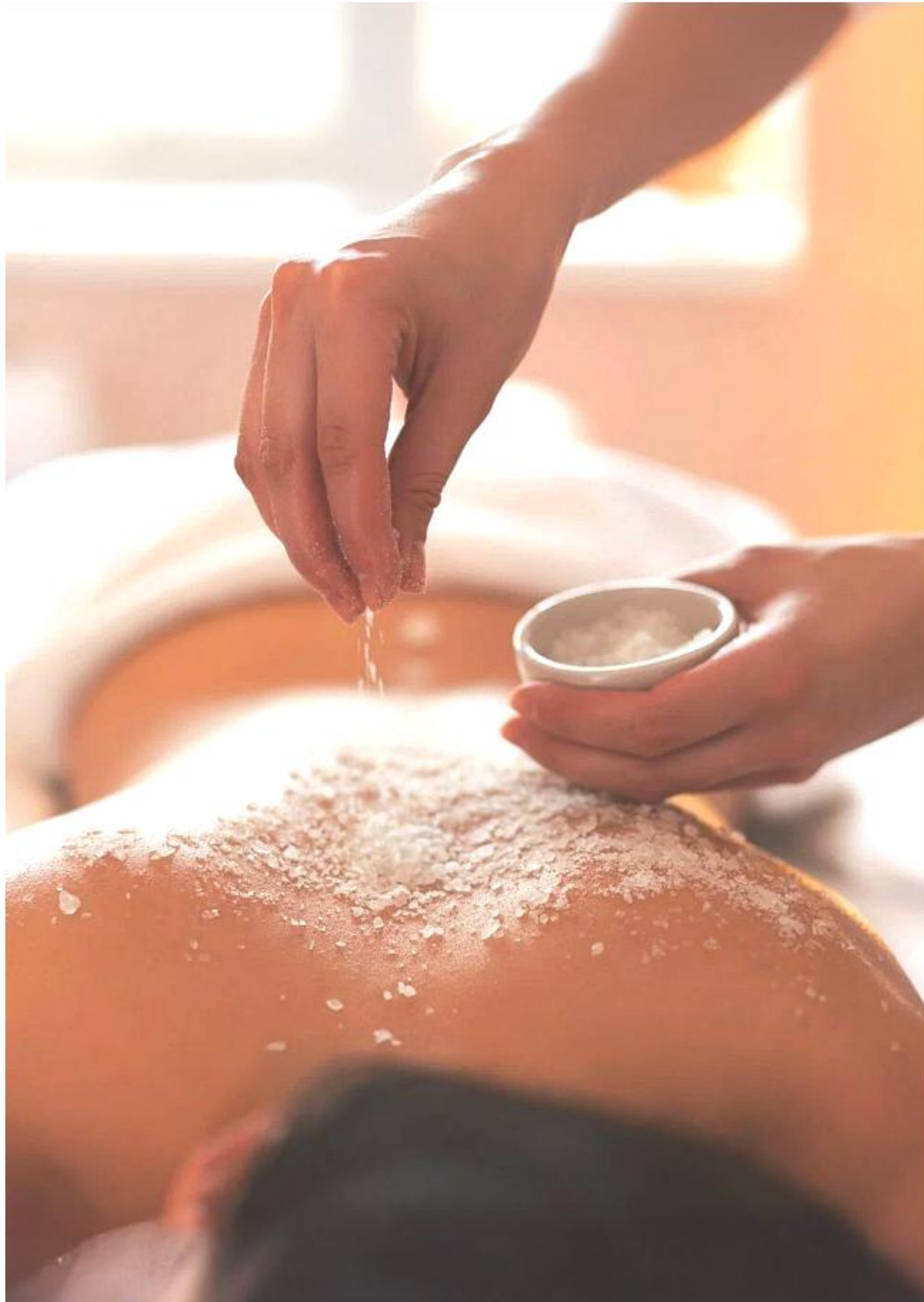
- ❖ Organic Body Refine - Comfort Scrub 60 min.
- ❖ Choice of Swedish or Aromatherapy 60 min.
- ❖ Choice of Skin Ritual Facial Care\* 60-90 min.

**Samui Coconut RITUAL Package** 120 minutes Baht 2,850

- ❖ Coconut Body Scrub 30 min. OR
- ❖ Choice of Body Wrap 30 min.
- ❖ Coconut Oil Body Massage with Hot Herbal Compress 90 min.
- ❖ Serve with Cold Coconut Juice and Herbal Tea

**Simply Thai** 120 minutes Baht 1,950

- ❖ Thai Herbal Steam 30 min. OR
- ❖ Thai Hydrotherapy Bath Experience 30 min.
- ❖ Royal Thai Body Massage with Hot Herbal Compress 90 min.
- ❖ Serve with Thai Herbal Tea



## Signature Massage

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**Darawadee Signature Massage** 90-120 minutes Baht 2,200- 3,200

การนวดน้ำมันแบบเอกลักษณ์เฉพาะของदारาวดีสปาโดยมีพื้นฐานมาจากการนวดอโรมาผสมผสานกับเทคนิคการนวดศีรษะแบบอินเดียและนวดแผนไทยราชสำนัก ช่วยทำให้ระบบหมุนเวียนของเลือดทำงานได้ดีขึ้น ผ่อนคลายร่างกายจากความเมื่อยล้า

A signature massage unique to Dawarawadee Spa. This massage course combines aromatic massage with Indian head massage technique and Thai inner palace technique. The treatment helps boost blood circulation and help the body relax and rejuvenate from fatigue.

## De-Stress Massage

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**De-Stress Massage**

90 minutes Baht 2,200

A deeply therapeutic massage designed to melt away accumulated tension & restore physical & mental ease. Using a carefully selected blend of pure de-stress essential oils, this treatment works with medium to deep pressure to target specific areas of muscular tightness. The oils penetrate deeply into the muscles, enhancing blood circulation, easing stiffness & calming the nervous system. Ideal for those experiencing chronic stress or fatigue, this massage leaves the body relaxed, rebalanced & renewed.

## Four-Hand Massage

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**Thai Four-Hand Massage**

90 minutes Baht 3,200

An indulgent & harmonious ritual where two therapists work in perfect synchrony to create a uniquely immersive experience. Using slow, flowing massage techniques, this treatment envelops the body in rhythmic movements that allow tension to gently dissolve. The coordinated touch deeply calms the nervous system, promotes profound relaxation & enhances skin suppleness. The result is a truly magical sensation of total body harmony, deep calm & lasting wellbeing.



## Body Treatment

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### ❖ Body Wraps

**Thai Herbal Body Wrap** 60 minutes Bath 1,300

Using Thai herbs and white mud helps deep cleanse and detoxify the skin. Removing excess oils follow with light soothing massage.

**Green Tea Body Mask** 60 minutes Bath 1,500

A Cleansing and hydrating treatment that encourages the body's own natural healing. Using Mask and Dosha Oils and complete with head, neck and scalp massage.

**Seaweed Body Wrap** 60 minutes Bath 1,500

Self-heating seaweed helps to detoxify deep tissues, relief from sports strains, focusing on the spinal area.

### ❖ Body Scrubs/Exfoliation

**Thai Herbal Body Scrub** 60 minutes Bath 1,300

Using Thai herbal scrub material to restore the moisture to your skin, leaving it soft and supple, removing excess oils followed by a light soothing massage.

**Himalayan Salt Body Scrub** 60 minutes Baht 1,500

Skin exfoliating body scrub using aromatic oils enriched with mineral salts

**Rejuvenating Coconut Body Scrub** 60 minutes Baht 1,300

A mixture of Thai traditional herbs and aroma oils is used as a body scrub to cleanse and remove dead Skin cells, moisturize, and give healthier skin

**Anti-Oxidant Green Tea Body Scrub** 60 minutes Baht 1,300

An anti-oxidant treatment using rejuvenating green tea exfoliating scrub.

**Detoxifying Coffee Body Scrub** 60 minutes Baht 1,300

Feeling fresh and detoxifying using natural coffee beans, and an exfoliating scrub.



## Skin Ritual - Facial Care\*

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**SKIN BLISS – Anti-stress** 60 minutes Baht 2,000  
Anti-oxidant, advanced hydrating and gentle skin soothing

A combination of softness for skin that is sensitive or subject to redness. Soften the skin And heightens its protection system for a soothed and ideally hydrated epidermis, Restores Clear skin that is free from blemishes and reduces shine and tightens pores.

**SKIN PURE – Detoxifying** 60 minutes Baht 2,000  
Skin purifying and detoxifying, active pollution defense.

Combats dehydrated skin and restores its suppleness and comfort. Prevents the appearance of the first signs of aging. Jet Lag cure. Come back to earth with this super-hydrating facial that rejuvenates and detoxifies skin. A therapeutic lymphatic drainage face massage helps relieve puffiness and head congestion.

**SKIN LIFT – Rejuvenating Facial Lifting** 75 minutes Baht 2,500  
Absolute skin regeneration, total skin revitalizing

Three key steps in a very high-performance treatment to resurface the skin, fill wrinkle and restructure the face with collagen mask power added. Acts on wrinkles and loss of firmness. Restores vitality to your skin and preserves your natural youthfulness. This is the most uplifting experience.

**SKIN LIGHT – Brightening** 75 minutes Baht 2,500  
Skin brightening, anti-dullness & skin discoloration,

Restores your radiance and reduces dark marks. Protect your skin from stress and oxygenate with an eye collagen mask added. An intensive lightening treatment that even skin and gives the skin a radiant glow.

**EYE PERFECTION THERAPY** 30 minutes Baht 1,200

This delicate treatment target at the delicate eye area to smooth fine lines, combat signs of aging, reduce puffiness, and rejuvenate tired eyes.



## Body Massage

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Surrender yourself to absolute bliss. Massages have been proven to reduce stress and tension, improve sleep and digestion, and promote healing. Plus, they feel absolutely amazing.

### Traditional Thai Massage

60 minutes	Baht 1,200
120 minutes	Baht 1,500

Experience the world-renowned Thai Massage, This massage concentrates on the pressure points of the whole body with muscle-stretching movements to relax tight muscles and stimulate the blood circulation.

### Thai Herbal Massage

90 minutes	Baht 1,500
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This is a specialty Thai massage using hot Herbal compress stimulates the acupressure points. It helps to relax tired muscles and improve blood circulation.

120 minutes	Baht 2,500
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### Head, Shoulder & Scalp Massage

30 minutes	Baht 800
60 minutes	Baht 1,200

Fit for a rush hour snapshot massage. The ideal massage to combat stiffness and stress, concentrate on the back and shoulders, help ease away shoulder strain and relieve tension.

### Foot Massage

30 minutes	Baht 800
60 minutes	Baht 1,200

Try the oriental traditional foot massage using acupressure points. The easy, safe, and effective way to promote and maintain good health.

### Aromatherapy Body Massage

60 minutes	Baht 1,800
90 minutes	Baht 2,500

Ease away all stress and strain with this soothing massage. Pure essential oils are used to induce deep and gentle relaxation.

### Swedish Massage

60 minutes	Baht 1,800
90 minutes	Baht 2,500

A full body massage is both invigorating and relaxing. The classical movement will help to reduce tension and soothe sore muscles and increase circulation.

### Sports Massage

A deep tissue massage specifically targeted at muscles used in specific types of athletic training	60 minutes	Baht 1,800
	90 minutes	Baht 2,500



## THAI TRADITIONS

Inspired by ancient Thai healing traditions passed down from generation to generation, Thai Traditions features a selection of classic therapies specially designed for the ladies and gentlemen.

## Just for Him

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### Deep-Cleansing Face Treatment

45 minutes Baht 1,500

Invigorate. Enjoy this stimulating, deep-cleansing treatment that re-energizes skin, improves its look and vitality. Gently sloughs off dead skin cells and smoothes the over-shaved, over-stressed face.

### Vareena for Men Getaway

120 minutes Baht 3,500

A great way to spend a day.

Enjoy this full-service package of our best treatment for men

- ❖ Swedish Massage 60 min
- ❖ Tension Relieving Scalp Massage 15 min
- ❖ Deep Cleansing Facial 45 min

## Just for Her

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### SKIN LIFT – Rejuvenating Facial Lifting

75 minutes Baht 2,500

Absolute skin regeneration, total skin revitalizing

Three key steps in a very high-performance treatment to resurface the skin, fill wrinkle and restructure the face with collagen mask power added. Acts on wrinkles and loss of firmness. Restores vitality to your skin and preserves your natural youthfulness. This is the most uplifting experience.

### Add on Treatment

#### Body Scrub (30 mins)

1,000 THB

การขัดผิวด้วยน้ำนมข้าวช่วยฟื้นฟูผิวให้กลับมาสดชื่น กระชับ อย่างมีชีวิตชีวา ช่วยการจัดเรียงตัวของเซลล์ไขมันเพื่อป้องกันการสะสมตัวของเซลล์ลูไลต์

A body scrub using rice milk solution that will help refresh and lift your skin in a natural way. The scrub aims to help break down fatty cell and prevent the culmination of cellulite.

#### Refreshing Facial (30 mins)

1,000 THB

การทำความสะอาดผิวหน้าด้วยการผลัดเซลล์ผิว พร้อมด้วยการนวดผ่อนคลาย ไหล่ คอ ใบหน้า และศีรษะ พร้อมด้วยการเพิ่มความชุ่มชื้นให้กับผิวหน้าด้วยครีมบำรุง

A deep clean skin and relaxing facial massage and destress neck and shoulder massage.



  
DARAWADEE SPA  
BANGKOK

